



Brian Dillon Swimming log



## Brian Dillon Swimming Log -

Date	Location	Sea River Lake Lido	Distance Metres	Time	Water Temp. Deg C	Qualifier .
28/10/18	OBB	River	2000		9.9	
29/10/18	OBB	River	2000		9.7	
31/10/18	OBB	River	1100		9.9	
3/11/18	OBB	River	1000			
Samhain	Limerick	River	600			
4/11/18	TMG	Lake	1800		10.0	
10/11/18	OBB	River	1500		9.2	
11/11/18	OBB	River	1200		8.8	
14/11/18	OBB	River	1100		9.0	
17/11/18	OBB	River	1400		9.9	
18/11/18	TMG	Lake	1600		9.6	

### Legend

(OBB)  
O'Brien's Bridge

(TMG)  
Two Mile Gate

(UL)  
University of Limerick



Early Evenings  
Early Mornings  
O'Brien's Bridge

## Brian Dillon Swimming Log -



Date	Location	Sea River Lake Lido	Distance Metres	Time	Water Temp. Deg C	Qualifier
20/11/18	OBB	River	1000		8.5	
25/11/18	TMG	Lake	1600		7.4	
1/12/18	OBB	River	1800		7.8	
2/12/18	TMG	Lake	1600		7.9	
5/12/18	OBB	River	1100		7.6	
8/12/18	OBB	River	1800		7.6	
14/12/18	Parliament Hill	Lido	1800	40.59	4.9	Paul Jeal
16/12/18	TMG	Lake	1600		6.9	
20/12/18	OBB	River	1000		7.0	
22/12/18	Sandycove Island	Sea	1600		10.0	
23/12/18	TMG	Lake	1300		6.9	

### Legend

(OBB)

O'Brien's Bridge

(TMG)

Two Mile Gate

(UL)

University of Limerick



Parliament Hill Lido  
1800 m at 4.9 Deg C



Sandycove Turkey Swim  
"Water finds its own level"

# Brian Dillon Swimming Log -



Date	Location	Sea River Lake Lido	Distance Metres	Time	Water Temp. Deg C	Qualifier
25/12/18	UL	River	500			
26/12/18	OBB	River	2000		7.6	
28/12/18	Kilkee	Sea	2300		9.7	
30/12/18	Clontarf	Lido	1800		8.2	
2/1/19	OBB	River	1400		7.4	
4/1/18	TMG	Lake	1600		6.9	
6/1/18	OBB	River	2000		6.9	
13/1/18	TMG	Lake	1800		7.9?	
17/1/18	TMG	Lake	2000		6.7	
19/1/18	TMG	lake	1600	36.43	6.9	John Ryan
20/1/18	TMG	Lake	1500		6.7	



Winter Swimming Buddies and Qualifiers at Two Mile Gate

Legend	(OBB) O'Brien's Bridge	(TMG) Two Mile Gate	(UL) University of Limerick
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Coach John Dempsey R.I.P.

Old Coaches don't die they just swim away



( Christmas Morning Swim 2018 )

“ I got into a cold bath this morning but I filled it first with hot water ”

