

2022 Aotearoa New Zealand National Ice Swimming Championships

Sat 16 July

Centennial Court Hotel Alexandra. Ruby Room.

4pm-4.30pm Registration and Mix and Mingle.

(Afternoon tea provided)

4.30pm Compulsory swimmers and volunteers briefing.

Swimmers not attending will not be permitted to swim.

6pm Dinner – Centennial Court Hotel restaurant.

Main meal is included in swimmers and crew packs.

Drinks and desserts at own cost.



Sun 17th July

Session One – 9am Start

Session Two – 1pm Start

1. Championship 1000m Freestyle – for those who have qualified
2. Give it a Go 100m Freestyle
3. Championship 500m Freestyle
4. Give it a Go 200m Freestyle

Note: the order of events will vary a bit as we will spread the 500m and 1000m over both sessions.

Mon 18th July

Session Three – 9am Start

Session Four – 1pm Start

5. Championship 1000m Freestyle – for those who qualified on Sunday
6. Give it a Go 200m Freestyle
7. Championship 500m Freestyle

Note: the order of events will vary a bit as we will spread the 500m and 1000m over both sessions.

Tues 19th July

8. Championship 100m races
9. Women's 100m Final
10. Men's 100m Final
11. 4 x 50m Relays

Prizegiving

Cost: \$150 per swimmer plus \$50 per event. Relays are free

Newbie bonus:

Swim 100 and 200m Give it a Go events and swim the 100m Championship for free

Please pay entry fee to 12-3152-0021541-51 (add a zero if you need 3 digits at the end -051)