

DATE	DAY	EVENT	DISTANCE	CODE	F/M	Age Group+PARA /		SESSION
						ELITE		
Monday 18-Jan	1	1	500m Freestyle	500F	F	AG	HEATS	
Monday 18-Jan	1	2	500m Freestyle	500F	M	AG	HEATS	
Monday 18-Jan	1	3	200m Breaststroke	200BR	F	AG	HEATS	
Monday 18-Jan	1	4	200m Breaststroke	200BR	M	AG	HEATS	
Monday 18-Jan	1	5	200m Breaststroke	200BR	F	EL	HEATS	
Monday 18-Jan	1	6	200m Breaststroke	200BR	M	EL	HEATS	
Monday 18-Jan	1	7	500m Freestyle	500F	F	EL	HEATS	
Monday 18-Jan	1	8	500m Freestyle	500F	M	EL	HEATS	
Tuesday 19-Jan	2	1	1000m Freestyle	1000F	F	AG	HEATS	
Tuesday 19-Jan	2	2	100m Backstroke	100BA	F	EL	HEATS	
Tuesday 19-Jan	2	3	100m Backstroke	100BA	M	EL	HEATS	
Tuesday 19-Jan	2	4	100m Backstroke	100BA	F	AG	HEATS	
Tuesday 19-Jan	2	5	100m Backstroke	100BA	M	AG	HEATS	
Tuesday 19-Jan	2	6	200m Individual Medley	200IM	F	AG	HEATS	
Tuesday 19-Jan	2	7	200m Individual Medley	200IM	M	AG	HEATS	
Tuesday 19-Jan	2	8	200m Individual Medley	200IM	F	EL	HEATS	
Tuesday 19-Jan	2	9	200m Individual Medley	200IM	M	EL	HEATS	
Wednesday 20-Jan	3	1	1000m Freestyle	1000F	M	AG	HEATS	
Wednesday 20-Jan	3	2	100m Breaststroke	100BR	F	EL	HEATS	
Wednesday 20-Jan	3	3	100m Breaststroke	100BR	M	EL	HEATS	
Wednesday 20-Jan	3	4	100m Butterfly	100BU	F	AG	HEATS	
Wednesday 20-Jan	3	5	100m Butterfly	100BU	M	AG	HEATS	
Wednesday 20-Jan	3	6	250m Freestyle	250F	F	EL	HEATS	
Wednesday 20-Jan	3	7	250m Freestyle	250F	M	EL	HEATS	
Wednesday 20-Jan	3	8	100m Breaststroke	100BR	F	EL	FINALS	
Wednesday 20-Jan	3	9	100m Breaststroke	100BR	M	EL	FINALS	
Thursday 21-Jan	4	1	100m Butterfly	100BU	F	EL	HEATS	
Thursday 21-Jan	4	2	100m Butterfly	100BU	M	EL	HEATS	
Thursday 21-Jan	4	3	250m Freestyle	250F	F	AG	HEATS	
Thursday 21-Jan	4	4	250m Freestyle	250F	M	AG	HEATS	
Thursday 21-Jan	4	5	50m Backstroke	50BA	F	EL	HEATS	
Thursday 21-Jan	4	6	50m Backstroke	50BA	M	EL	HEATS	
Thursday 21-Jan	4	7	100m Breaststroke	100BR	F	AG	HEATS	
Thursday 21-Jan	4	8	100m Breaststroke	100BR	M	AG	HEATS	
Thursday 21-Jan	4	9	100m Butterfly	100BU	F	EL	FINALS	
Thursday 21-Jan	4	10	100m Butterfly	100BU	M	EL	FINALS	
Thursday 21-Jan	4	11	50m Backstroke	50BA	F	EL	FINALS	
Thursday 21-Jan	4	12	50m Backstroke	50BA	M	EL	FINALS	
Thursday 21-Jan	4	13	4 x 50m Mixed Medley Relay	50MR	MX	OPEN	RELAY	
Friday 22-Jan	5	1	200m Backstroke	200BA	F	AG	HEATS	
Friday 22-Jan	5	2	50m Freestyle	50F	F	AG	HEATS	
Friday 22-Jan	5	3	50m Freestyle	50F	M	AG	HEATS	
Friday 22-Jan	5	4	50m Butterfly	50BU	F	EL	HEATS	
Friday 22-Jan	5	5	50m Butterfly	50BU	M	EL	HEATS	
Friday 22-Jan	5	6	50m Backstroke	50BA	F	AG	HEATS	
Friday 22-Jan	5	7	50m Backstroke	50BA	M	AG	HEATS	
Friday 22-Jan	5	8	1000m Freestyle	1000F	F	EL	HEATS	
Friday 22-Jan	5	9	1000m Freestyle	1000F	M	EL	HEATS	
Friday 22-Jan	5	10	4 x 50m Mixed Freestyle Relay	50FR	MX	OPEN	RELAY	
Saturday 23-Jan	6	1	200m Backstroke	200BA	M	AG	HEATS	
Saturday 23-Jan	6	2	50m Breaststroke	50BR	F	EL	HEATS	
Saturday 23-Jan	6	3	50m Breaststroke	50BR	M	EL	HEATS	
Saturday 23-Jan	6	4	50m Freestyle	50F	F	EL	HEATS	
Saturday 23-Jan	6	5	50m Freestyle	50F	M	EL	HEATS	
Saturday 23-Jan	6	6	50m Breaststroke	50BR	F	AG	HEATS	
Saturday 23-Jan	6	7	50m Breaststroke	50BR	M	AG	HEATS	
Saturday 23-Jan	6	8	50m Butterfly	50BU	F	AG	HEATS	
Saturday 23-Jan	6	9	50m Butterfly	50BU	M	AG	HEATS	
Saturday 23-Jan	6	10	200m Backstroke	200BA	F	EL	HEATS	
Saturday 23-Jan	6	11	200m Backstroke	200BA	M	EL	HEATS	
Saturday 23-Jan	6	12	50m Breaststroke	50BR	F	EL	FINALS	
Saturday 23-Jan	6	13	50m Breaststroke	50BR	M	EL	FINALS	
Saturday 23-Jan	6	14	50m Freestyle	50F	F	EL	FINALS	
Saturday 23-Jan	6	15	50m Freestyle	50F	M	EL	FINALS	
Saturday 23-Jan	6	16	4 x 50m President Relay	50VR	MX	OPEN	RELAY	
Sunday 24-Jan	7	1	100m Freestyle	100F	F	EL	HEATS	
Sunday 24-Jan	7	2	100m Freestyle	100F	M	EL	HEATS	
Sunday 24-Jan	7	3	100m Freestyle	100F	F	AG	HEATS	
Sunday 24-Jan	7	4	100m Freestyle	100F	M	AG	HEATS	
Sunday 24-Jan	7	5	100m Backstroke	100BA	F	EL	FINALS	
Sunday 24-Jan	7	6	100m Backstroke	100BA	M	EL	FINALS	
Sunday 24-Jan	7	7	50m Butterfly	50BU	F	EL	FINALS	
Sunday 24-Jan	7	8	50m Butterfly	50BU	M	EL	FINALS	
Sunday 24-Jan	7	9	100m Freestyle	100F	F	EL	FINALS	
Sunday 24-Jan	7	10	100m Freestyle	100F	M	EL	FINALS	
Sunday 24-Jan	7	11	4 x 250m Free, Country Relay	250CR	MX	OPEN	RELAY	