

# IISA EVENT TERMS & CONDITIONS

BY ENTERING THIS EVENT, YOU CONFIRM THAT YOU HAVE READ AND AGREE TO ADHERE TO THE BELOW STATEMENT AND POLICIES AND EVENT ENTIRELY AT YOUR OWN RISK.

## 1 INDEMNITIES AND WAIVERS

- 1.1 I have read and familiarised myself with the IISA Swimming Rules and Regulations (“IISA Rules”) stipulated by IISA and published on the IISA website.
- 1.2 I fully understand the IISA Rules and consider them binding on me.
- 1.3 I undertake to fully comply with the IISA rules unless IISA or the Event Director formally directs me otherwise.
- 1.4 I have declared all relevant medical information through the IISA medical form. At the Event registration, I will declare to the event Medical Officer any medical changes that occurred since my IISA Medical Assessment relevant to this Event.
- 1.5 I have decided to participate in this Event on my own initiative, entirely at my own risk.
- 1.6 I am acquainted with swimming and the risks and hazards of Ice Swimming. These risks include those attendants on or posed by:
  - 1.6.1 Exposure to icy water, with water temperatures possibly below 5.0 Celsius for a prolonged period.
  - 1.6.2 Risk of hypothermia and exhaustion and the effects on my health of body and mind
  - 1.6.3 Wind, currents, and weather changes
  - 1.6.4 Drowning
- 1.6.5 I undertake the Event knowing and appreciating that Ice Swimming is inherently hazardous. I accept all such hazards and risks.
- 1.6.6 None of the IISA board members, its officers or employees, or volunteers providing assistance and services to IISA concerning the Event are responsible for apprising me of any of the risks, dangers, or hazards of this Event or as a result.
- 1.6.7 Neither I nor my estate, guardian(s) or dependants shall have any claim for any harm, loss, injury or damage which I might sustain as a result of my participation in the Event against any of:
  - 1.6.7.1 International Ice Swimming Association (or any of its members, officers, officials or representatives) who may be involved in the organisation, planning, supervision, monitoring or officiating of the Swim.
  - 1.6.7.2 Volunteers who are assisting with the event or its organisation.
  - 1.6.7.3 All paddlers, boatmen and support personnel who have volunteered to or do provide assistance and support.
  - 1.6.7.4 Poolside officials and volunteers.
  - 1.6.7.5 Referees, medical staff, divers, or anyone taking an official role in the Event on behalf of the Event Organisers or IISA.
- 1.6.8 My estate and I undertake to indemnify and hold harmless the organisers and the officials against any claims against them arising from any harm, loss, injury, or damage sustained by me during or in consequence of the Swim.
- 1.6.9 Once agreed to, this waiver and indemnity are irrevocable.

## 2 TERMS AND CONDITIONS

- 2.1 The Event Organiser and its committee are committed to ensuring that all Ice Swims and Events are conducted in the safest environment possible, as it is acknowledged that this is an extreme sport. Whilst it is not possible to guarantee the safety of any participant undertaking any IISA-regulated activity, IISA wishes to establish certain standards for this activity and insist that these are adhered to take advantage of the most up-to-date research in cold water immersion and ensure that there is adequate access to medical assistance if it should be required.
- 2.2 IISA will recognise the event if all these Rules and Regulations are clearly adhered to. In any event, IISA reserves the right not to recognise the Event or Event as the Board shall determine.
- 2.3 In the event of extreme weather, major incidents, epidemics, or pandemics, IISA and the Event organisers reserve the right to delay, postpone, amend/reduce, or cancel the Event.
- 2.4 If the Event is cancelled or, in any case, not carried out for reasons not dependent or not attributable to the will of the organisers, including the revocation of the authorisation to conduct by the Bodies' Competent public, or for any other reason, no refund will be awarded to, nor reimbursement of the expenses incurred and those also incurred as a waiver of any compensation claim the damage or compensation or any claim for reinstatement or satisfaction of possible damage suffered.
- 2.5 If the Event is cancelled or postponed by the Event Organisers, the Event Organisers will endeavour to refund all entries in full as soon as possible.
- 2.6 No entry fee will be refunded in case of a no-show.
- 2.7 No Entry fees will be refunded in case of cancellation within less than 60 days before the Event start date.
- 2.8 Your IISA Country Association has authorised your entry to this Event if it's an IISA International Event. Otherwise, your Country Association Chair or Board can demand to reject your entry. Refund remains at the Event director's discretion.
- 2.9 Any changes to your entry may accepted at the Event Director's discretion.
- 2.10 You will be responsible for all online payment transaction costs incurred due to changes in your entry initiated by yourself.
- 2.11 It is at the Event Director's discretion to manage any entry fee changes in cash or online due to you changing your entry or calling for cancellation.
- 2.12 I agree to the IISA Code of Conduct stipulated in its Swimming Rules and Regulations. o the code of conduct, and I will accept any disciplinary action resulting from breaching this Code of Conduct.

I HAVE READ THE ABOVE IN FULL AND AGREE WITH THE ABOVE.

Please close this document, return to the event entry page, and proceed with the event entry.