

# ICE TRIPLE CROWN

## CERTIFICATE OF ACHIEVEMENT

**Cath Pendleton**

31 Jan 2020

NORTHERN  
ICE MILE

ICE KM  
World/National  
Championship

SOUTHERN  
ICE MILE

IISA  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION

IISA  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION

RAM BARKAI IISA FOUNDER/CHAIR

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B