

ICE TRIPLE CROWN

CERTIFICATE OF ACHIEVEMENT

Elizabeth Almond

14 Dec 2025

NORTHERN
ICE MILE

ICE KM
World/National
Championship

SOUTHERN
ICE MILE

IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION

IISA
INTERNATIONAL
ICE SWIMMING
ASSOCIATION

RAM BARKAI IISA FOUNDER/CHAIR

R
B