

# ICE TRIPLE CROWN

## CERTIFICATE OF ACHIEVEMENT

Ailen Lascano Micaz

23 Jan 2023

NORTHERN  
ICE MILE

ICE KM  
World/National  
Championship

SOUTHERN  
ICE MILE

IISA  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION

IISA  
INTERNATIONAL  
ICE SWIMMING  
ASSOCIATION

RAM BARKAI IISA FOUNDER/CHAIR

R  
B