



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Laurence Watson (40y) 

has completed a swim observed by IISA:

Date: 14-Jan-2017

Venue: Wild Water Armagh

Distance: 1000 metres

Swim Time: 00:26:54.00

Water Temp: 2.00°C

Wind Chill: 3.00°C

Stroke: Crawl

Observer: Olive Conroy
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION