

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Barry O'Sullivan (42y)



has completed a swim observed by IISA:

Date: 19-Jan-2017

Venue: Wild Water Armagh

Distance: 1000 metres

Swim Time: 00:17:43.80

Water Temp: 5.70°C

Wind Chill: 7.00°C

Stroke: Crawl

Observer: lan Conroy

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION