

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Corinna Nolan (36y)

has completed a swim observed by IISA:

Date: 14-Jan-2018 Venue: Armagh Distance: 1000 metres Swim Time: 00:21:51.00 Water Temp: 4.00°C Wind Chill: 0.00°C Stroke: Crawl

> Observer: lan Conroy Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION