

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Frank Hallissey (38y)

has completed a swim observed by IISA:

Date: 30-Dec-2019

Venue: Castleconnell Boat Club

Distance: 1250 metres

Swim Time: 00:24:18.00

Water Temp: 6.30°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Mark Dempsey

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION