

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Frank Hallissey (35y)

has completed a swim observed by IISA:

Date: 03-Dec-2016

Venue: Knockannanig Reservoir, Fermoy, Co Cork

Distance: 1000 metres

Swim Time: 00:19:00.00

Water Temp: 5.10°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Carmel Collins

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION