



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Claire Russell (54y) 

has completed a swim observed by IISA:

Date: 14-Jan-2017

Venue: Holborough Lake, Snodland. Kent

Distance: 1044 metres

Swim Time: 00:24:40.00

Water Temp: 4.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Jackie Cobell
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION