



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Karin Michels (47y) 

has completed a swim observed by IISA:

Date: 23-Jan-2016

Venue: Katowice, Poland

Distance: 500 metres

Swim Time: 00:14:06.00

Water Temp: 2.00°C

Wind Chill: -5.00°C

Stroke: Crawl

Observer: Patricia McQueen
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION