



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Dave Coxell (40y) 

has completed a swim observed by IISA:

Date: 26-Nov-2016

Venue: Redricks Lake Harlow Essex UK

Distance: 1139 metres

Swim Time: 00:24:00.00

Water Temp: 5.90°C

Wind Chill: 1.80°C

Stroke: Crawl

Observer: John Dyer
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION