

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Amy Murphy (51y)

has completed a swim observed by IISA:

Date: 03-Dec-2016

Venue: Wild Water Armagh, Ulster Championships

Distance: 500 metres

Swim Time: 00:10:33.00

Water Temp: 4.20°C

Wind Chill: 4.20°C

Stroke: Crawl

Observer: Tiffiny Quinn

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION