

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Dee Newell (31y)



has completed a swim observed by IISA:

Date: 03-Dec-2016

Venue: Wild water armagh

Distance: 500 metres

Swim Time: 00:09:20.00

Water Temp: 4.20°C

Wind Chill: 4.20°C

Stroke: Crawl

Observer: lan Conroy

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION