

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Deirdre King (37y)

has completed a swim observed by IISA:

Date: 15-Dec-2018 Venue: Clontraf Baths, Dublin Distance: 600 metres Swim Time: 00:16:40.00 Water Temp: 6.40°C Wind Chill: 0.00°C Stroke: Crawl

Observer: Ger Kennedy Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION