

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Stuart Hinde (52y)

has completed a swim observed by IISA:

Date: 30-Jan-2016

Venue: Wild Water, Armagh

Distance: 1000 metres

Swim Time: 00:19:35.00

Water Temp: 4.50°C

Wind Chill: -8.00°C

Stroke: Crawl

Observer: Padraig Mallon

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION