

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Therese Molyneux (56y)

has completed a swim observed by IISA:

Date: 06-Mar-2018 Venue: Tallinn, Estonia Distance: 450 metres Swim Time: 00:07:58.53 Water Temp: 0.00°C Wind Chill: 0.00°C Stroke: Crawl

Observer: Martina Ring Ireland

## KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**