



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Therese Molyneux (56y) 

has completed a swim observed by IISA:

Date: 10-Mar-2018

Venue: Wild Water Armagh

Distance: 1600 metres

Swim Time: 00:29:27.74

Water Temp: 4.60°C

Wind Chill: 6.00°C

Stroke: Crawl

Observer: Ian Conroy
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION