



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Alistair Bell (30y) 

has completed a swim observed by IISA:

Date: 02-Jan-2017

Venue: north dock Llanelli, Wales

Distance: 622 metres

Swim Time: 00:10:03.60

Water Temp: 4.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Tracey Sharratt
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION