



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Alistair Bell (30y) 

has completed a swim observed by IISA:

Date: **08-Jan-2017**

Venue: **keepers pond, blaenavon**

Distance: **913 metres**

Swim Time: **00:17:35.00**

Water Temp: **3.80°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Cath Pendleton**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION