



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Heidi Brice (20y) 

has completed a swim observed by IISA:

Date: 06-Nov-2016

Venue: Keepers pond, Blaenavon

Distance: 500 metres

Swim Time: 00:08:30.00

Water Temp: 4.00°C

Wind Chill: 2.40°C

Stroke: Crawl

Observer: Cath Pendleton
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION