



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

Heidi Brice (20y) 

has completed a swim observed by IISA:

Date: **06-Nov-2016**

Venue: **Keepers pond, Blaenavon**

Distance: **500 metres**

Swim Time: **00:08:30.00**

Water Temp: **4.00°C**

Wind Chill: **2.40°C**

Stroke: **Crawl**

Observer: **Cath Pendleton**
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION