



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sarah O'Malley Daly (55y) 

has completed a swim observed by IISA:

Date: 30-Dec-2019

Venue: Lough Melvin, Co Leitrim

Distance: 600 metres

Swim Time: 00:11:23.32

Water Temp: 5.86°C

Wind Chill: 7.60°C

Stroke: Crawl

Observer: Ann Morrow
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION