



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Sarah O'Malley Daly (51y) 

has completed a swim observed by IISA:

Date: 20-Sep-2016

Venue: Armagh Ireland

Distance: 1000 metres

Swim Time: 00:19:09.00

Water Temp: 4.50°C

Wind Chill: 2.00°C

Stroke: Crawl

Observer: Mollie Conroy
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION