



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Martha Wood (58y) 

has completed a swim observed by IISA:

Date: 29-Nov-2020

Venue: Nahant Beach, Nahant, Massachusetts, USA

Distance: 1665 metres

Swim Time: 00:28:58.05

Water Temp: 6.60°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Elaine K Howley
United States

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION