



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Martha Wood** (56y) 

has completed a swim observed by IISA:

Date: 25-Nov-2018

Venue: Curley Community Center, South Boston

Distance: 1000 metres

Swim Time: 00:18:45.00

Water Temp: 4.90°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Kellie Latimer  
United States

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**