



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Mark Dempsey (43y) 

has completed a swim observed by IISA:

Date: **01-Dec-2018**

Venue: **O'Briensbridge limerick**

Distance: **2000 metres**

Swim Time: **00:36:00.00**

Water Temp: **7.80°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **john ryan**
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION