



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Mark Dempsey (43y) 

has completed a swim observed by IISA:

Date: 01-Dec-2018

Venue: O'Briensbridge limerick

Distance: 2000 metres

Swim Time: 00:36:00.00

Water Temp: 7.80°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: john ryan
Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION