

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Mark Dempsey (41y)

has completed a swim observed by IISA:

Date: 11-Dec-2016

Venue: Fermoy

Distance: 1500 metres

Swim Time: 00:28:30.00

Water Temp: 7.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Ned Denison

**United States** 

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION