

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Ragnheiður Valgarðsdóttir (48y)

has completed a swim observed by IISA:

Date: 19-Mar-2016

Venue: Nauthólsvík, Reykjavík, Iceland

Distance: 1000 metres

Swim Time: 00:28:27.00

Water Temp: 4.40°C

Wind Chill: 0.00°C

Stroke: Breast

Observer: Haraldur Guðmundsson

Iceland

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INTERNATIONAL ICE SWIMMING ASSOCIATION