

CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Nadja glæde Tønnesen (34y)

has completed a swim observed by IISA:

Date: 30-Jan-2022

Venue: Ruds-Vedby Vinterbadning Denmark

Distance: 1650 metres

Swim Time: 00:29:58.46

Water Temp: 4.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Lilli Susanne Toennesen

Denmark

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION