

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Tiffiny Quinn (45y)



has completed a swim observed by IISA:

Date: 15-Dec-2019

Venue: Wild Water Armagh

Distance: 750 metres

Swim Time: 00:00:15.00

Water Temp: 3.80°C

Wind Chill: 2.00°C

Stroke: Crawl

Observer: lan Conroy

Ireland

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION