



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Christine Kastrup (44y)** 

has completed a swim observed by IISA:

Date: 17-Jan-2025

Venue: Nordhavn, Copenhagen, Denmark

Distance: 600 metres

Swim Time: 00:13:42.67

Water Temp: 4.05°C

Wind Chill: 0.00°C

Altitude: Sea Level metres

Stroke: Crawl

Observer: Marie Louise Kristensen  
Denmark

KEEP SAFTEY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**