



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Chris Cook (43y) 

has completed a swim observed by IISA:

Date: **18-Nov-2023**

Venue: **Divers Cove**

Distance: **2637 metres**

Swim Time: **00:43:29.00**

Water Temp: **8.90°C**

Wind Chill: **13.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Nigel Robson**
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION