



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Gus Cooney (66y) 

has completed a swim observed by IISA:

Date: 16-Jan-2016

Venue: Wild Water, Armagh

Distance: 500 metres

Swim Time: 00:09:39.00

Water Temp: 0.80°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Barry O'Connor
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION