



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

Heather Massey (36y) 

has completed a swim observed by IISA:

Date: 20-Feb-2016

Venue: IISA GB event (Andark lake)

Distance: 1000 metres

Swim Time: 00:17:10.00

Water Temp: 5.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: **Kate Steels**
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION