



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Heather Massey** (36y) 

has completed a swim observed by IISA:

Date: 09-Jan-2016

Venue: Andark Lake

Distance: 1500 metres

Swim Time: 00:30:00.00

Water Temp: 6.00°C

Wind Chill: 0.00°C

Stroke: Crawl

Observer: Rory Fitzgerald  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**