

## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

## Donagh Macdonagh (40y)

has completed a swim observed by IISA:

Date: 13-Dec-2015 Venue: Wild water armagh Distance: 450 metres Swim Time: 00:09:07.00 Water Temp: 3.50°C Wind Chill: 0.00°C Stroke: Crawl

Observer: Mollie Conroy Ireland

## KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION