



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Paddy Bond (36y) 

has completed a swim observed by IISA:

Date: **21-Feb-2016**

Venue: **Wild water Armagh**

Distance: **1600 metres**

Swim Time: **00:26:46.00**

Water Temp: **4.63°C**

Wind Chill: **5.00°C**

Stroke: **Crawl**

Observer: **Ian Conroy**
Ireland

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION