



CERTIFICATE OF ACHEIVCMENET

This is to acknowledge that

Tracy Stiff (55y) 

has completed a swim observed by IISA:

Date: **31-Jan-2016**

Venue: **Kit Hill Callington Cornwall**

Distance: **630 metres**

Swim Time: **00:27:49.00**

Water Temp: **6.00°C**

Wind Chill: **4.00°C**

Stroke: **Breast**

Observer: **Pauline Barker**
Great Britain

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION