



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Rosalind Edmonds (56y) 

has completed a swim observed by IISA:

Date: 15-Jan-2017

Venue: Keepers Pond, Blaenavon

Distance: 500 metres

Swim Time: 00:00:12.16

Water Temp: 2.60°C

Wind Chill: 6.80°C

Stroke: Crawl

Observer: Cath Pendleton
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION