



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Rosalind Edmonds (56y) 

has completed a swim observed by IISA:

Date: **08-Jan-2017**

Venue: **Keepers Pond, Blaenavon**

Distance: **650 metres**

Swim Time: **00:00:15.00**

Water Temp: **3.90°C**

Wind Chill: **7.20°C**

Stroke: **Crawl**

Observer: **Cath Pendleton**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION