



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Rosalind Edmonds** (55y) 

has completed a swim observed by IISA:

Date: 16-Jan-2016

Venue: Talybont on Usk

Distance: 1000 metres

Swim Time: 00:23:30.00

Water Temp: 4.90°C

Wind Chill: 3.00°C

Stroke: Crawl

Observer: Cath Pendleton  
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

**INTERNATIONAL ICE SWIMMING ASSOCIATION**