



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Lieshka Vinnicombe (44y) 

has completed a swim observed by IISA:

Date: **23-Mar-2024**

Venue: **Castleburn**

Distance: **600 metres**

Swim Time: **00:17:00.00**

Water Temp: **7.00°C**

Wind Chill: **6.00°C**

Altitude: **2800 metres**

Stroke: **Crawl**

Observer: **Marcelle Stiemens**
South Africa

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION