



## CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Conny Prasser** (40y) 

has completed a swim observed by IISA:

Date: **31-Jan-2016**

Venue: **Volendam Netherlands**

Distance: **1000 metres**

Swim Time: **00:16:56.00**

Water Temp: **4.90°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Richard Broer**  
**Netherlands**

**KEEP SAFETY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**