



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Frederik Masson (39y) 

has completed a swim observed by IISA:

Date: **07-Dec-2024**

Venue: **britannia beach, ottawa ON, CA**

Distance: **100 metres**

Swim Time: **00:01:48.00**

Water Temp: **0.30°C**

Wind Chill: **-5.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Matt Prince**
Canada

KEEP SAFTEY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION