



# CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

**Frederik Masson (39y)** 

has completed a swim observed by IISA:

Date: **23-Feb-2024**

Venue: **Newport, memphremagog**

Distance: **200 metres**

Swim Time: **00:02:47.62**

Water Temp: **1.10°C**

Wind Chill: **0.00°C**

Altitude: **Sea Level metres**

Stroke: **Crawl**

Observer: **Josef Polcz**  
**Canada**

**KEEP SAFTEY AND INTEGRITY IN THE ICE**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**