



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Cath Pendleton (45y) 

has completed a swim observed by IISA:

Date: **12-Nov-2017**

Venue: **Keepers Pond, Blaenavon**

Distance: **1399 metres**

Swim Time: **00:00:29.13**

Water Temp: **5.80°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Viki Brice**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION