



CERTIFICATE OF ACHIEVEMENT

This is to acknowledge that

Cath Pendleton (43y) 

has completed a swim observed by IISA:

Date: **23-Jan-2016**

Venue: **Llanwuno Reservoir**

Distance: **1639 metres**

Swim Time: **00:31:12.00**

Water Temp: **4.30°C**

Wind Chill: **0.00°C**

Stroke: **Crawl**

Observer: **Jessica Jones**
Great Britain

KEEP SAFETY AND INTEGRITY IN THE ICE

INTERNATIONAL ICE SWIMMING ASSOCIATION